

Northfield Township Community Center
Monthly Report
July 2016
Tami Averill, Director

I. July Overview

The Senior Nutrition program continues to run smoothly. We have 85 registered seniors, with 12 to 20 attending on a daily basis. Lunches are served on Mondays, Wednesdays and Fridays at 12:15p.m.

The search for volunteer drivers continues so we can get the home-delivered meals started. There are currently 3 people going through the background check process.

THANK YOU to our Senior Lunch Volunteers – Sue Addy, Russ Hall, Linda Hartley, Debbie Leibert, Keith Matz, Karen Neigebauer, Donn Sleek, Ann Thompson, and Curtis Ward. They, along with our Sr. Nutrition Program Assistant, Amber Barsegian, do a wonderful job and keep things running smoothly.

A big thank you to our volunteers – Denise Creque, Ruth Hague, Linda Hartley, Betty Jones, Alyssa Jones, Kim Pohl, Isabel Pohl, Donn Sleek, Ann Thompson, and Curtis Ward - for the work they contributed in July. Their hard work is always appreciated and helps to keep the Center running smoothly.

II. Program Evaluation

a. On Going Services

Lisa Abrams and Peg Merica continue to offer reflexology sessions and therapeutic foot baths on Tuesday and Thursday afternoons and Wednesday evenings.

Dr. Anthony Mastrogiacomo from South Lyon Foot & Ankle Specialists continues to offer senior foot care once a month.

The Medical Loan Closet continues to be available to the community. Nine items were loaned in July. We continue to ask for donations of wheelchairs, 4-wheeled walkers with seats, and shower benches. We received donations of 2 shower seats, 2 walkers, a Hoyer lift, 2 inflatable mattress pads, gravity mattress, crutches, and a cane in July.

The Regency continues to send a Registered Nurse on the 2nd Tuesday of each month to do blood pressure screenings. They had 5 people in July.

b. Classes

Chair Yoga (4 participants/week) and Exercise with Becky (8-12 participants/week) continue on Tuesdays. Becky also has between 8 and 12 participants in her Thursday class. Becky will be taking the month of August off. Her exercise classes and Zumba Gold will resume in September.

Tai Chi class continued with 4 students. MAH Fitness' spring session continues with 3 students.

Gentle Yoga has 12 registered participants. Gentle Energy Exercises is taking July and August off. Zumba Gold class for seniors and beginners currently has 4 ladies participating.

Acrylic Painting will resume in September. My thanks to instructor, Joyce Cantalini, for continuing to provide this class. The students love the class and are creating some beautiful paintings.

The Primitive Rug Hooking class continues with 3 enthusiastic students creating some very lovely and colorful pieces.

c. **On-Going Activities**

Pinochle continues every Tuesday and Thursday afternoon. Attendance has been consistent at 8 to 12 players per day each week.

Mah Jongg Mondays continue. Eight people are currently participating.

The Knit, Crochet, Craft group continues to meet every Friday afternoon. 4 - 6 people attended each week during July.

The Whitmore Lake Portrait Group remains steady with their participation. Ten to twelve artists attend each week. The art gallery that showcases their art continues to be popular with our guests. Selections are changed out approximately every two months.

The Chamber of Commerce continues to hold their monthly meetings here on the first Wednesday of each month.

Both the Morning Kiwanis and the Evening Kiwanis continue to hold their regular meetings and Board meetings at the Community Center.

d. **Special Events**

Our volunteers participated in the 4th of July Parade. No float this year, but we decorated one of our volunteer's pick-up trucks and advertised our Root Beer Float Social, passing out root beer float-flavored root beer barrel candy along the parade route.

120 people attended the 2nd Annual Root Beer Float Social after the parade. They enjoyed root beer floats, 1950's music and fun! Thank you to all the volunteers who helped to make the day a success: Jeanette Buesing, Richard Buesing, Jan Harwood, Alyssa Jones, Betty Jones, Sheryl Lawson, Phyllis Lindblade, Isabel Pohl, Kim Pohl, Mike Pohl, Shirley Samp, Donn Sleek, and Ann Thompson.

15 people attended "Pizza & a Movie" on July 22.

Two "Movie Under the Stars" on the lakeshore took place in July. Fifty people enjoyed "Zootopia" on the 15th. Thirty-eight people joined us for "The Empire Strikes Back" on the 29th.