

Northfield Township Community Center
Monthly Report
April 2016
Tami Averill, Director

I. April Overview

The Senior Nutrition program continues to run smoothly. We have 76 registered seniors, with 12 to 18 attending on a daily basis. Lunches are being served on Mondays, Wednesdays and Fridays at 12:15p.m.

I am still searching for volunteer drivers so we can get the home-delivered meals started. We are still in need of at least 3 more drivers. Trying to get enough volunteers so that no one will have to commit to more than one or two days per week.

THANK YOU to our Senior Lunch Volunteers – Sue Addy, Russ Hall, Linda Hartley, Debbie Leibert, Keith Matz, Donn Sleek, AnnThompson, and Curtis Ward. They, along with our Sr. Nutrition Program Assistant, Amber Barsegian, continue to do a wonderful job and keep things running smoothly.

A big thank you to our volunteers – Denise Creque, Ruth Hague, Linda Hartley, Cindy Hogston, Betty Jones, Alyssa Jones, Laura Misko, Donn Sleek, Ann Thompson, and Curtis Ward - for the work they contributed in April. Their hard work is always appreciated and helps to keep the Center running smoothly.

II. Program Evaluation

a. On Going Services

Lisa Abrams and Peg Merica continue to offer reflexology sessions and therapeutic foot baths on Tuesday and Thursday afternoons and Wednesday evenings.

Dr. Anthony Mastrogiacomo from South Lyon Foot & Ankle Specialists continues to offer senior foot care once a month.

The Medical Loan Closet continues to be available to the community. Eight items were loaned in April. We continue to ask for donations of wheelchairs, 4-wheeled walkers with seats, and shower benches. We received donations of a shower seat, a walker, crutches, and a cane in April.

The Regency continues to send a Registered Nurse on the 2nd Tuesday of each month to do blood pressure screenings. They had 5 people in April.

b. Classes

Chair Yoga (5 participants/week) and Exercise with Becky (8-12 participants/week) continue on Tuesdays. Becky also has between 8 and 12 participants in her Thursday class.

Tai Chi class continued with 4 students. MAH Fitness begins a new session on May 5.

Gentle Yoga has 12 registered participants. Gentle Energy Exercises currently has 4 people participating.

Zumba Gold class for seniors and beginners currently has 4 ladies participating.

Acrylic Painting for Beginners had 3 students for their April session.

c. **On-Going Activities**

Pinochle continues every Tuesday and Thursday afternoon. Attendance has been consistent at 8 to 10 players per day each week.

Mah Jongg Mondays continue to be popular. Eight people are currently participating, and stay well beyond the scheduled time each week.

Mom and Tot Time took place on April 11. Two children attended. Everyone enjoyed learning about pets and creating their animal masks.

The Knit, Crochet, Craft group continues to meet every Friday afternoon. 4-6 people attended each week during April.

The Whitmore Lake Portrait Group remains steady with their participation. Ten to twelve artists attend each week. The art gallery that showcases their art continues to be popular with our guests. Selections are changed out approximately every two months.

The Chamber of Commerce continues to hold their monthly meetings here on the first Wednesday of each month.

Both the Morning Kiwanis and the Evening Kiwanis continue to hold their regular meetings and Board meetings at the Community Center.

The Lost Voices Board of Directors also holds their monthly meetings here on the first Thursday evening of each month.

The Living Water Site Committee is currently meeting at the Center on a bi-weekly basis.

d. **Special Events**

"Karaoke Night at the Community Center," continued on April 1 and 29, with 16 to 18 people in attendance each night.

Lunch and a Movie was held on April 13. 6 people enjoyed "The Best Exotic Marigold Hotel."

Twelve people attended "Pizza & a Movie" on April 22 and enjoyed a pizza dinner and "We Bought a Zoo."

Three people participated in the Card Making Workshop in April.

The Catholic Social Services' Tax Assistance Program for seniors and low income residents took place on April 8. This final session for the year had 6 people attend.

We have 5 to 7 people regularly attending our "Classic Movie Club" trips to the Redford Theatre. Five people enjoyed "Seven Brides for Seven Brothers" followed by dinner at The Guernsey Dairy.